



Employee Assistance Program

(EAP)

Why call the Employee Assistance Program (EAP)?

We all face personal challenges such as:

- Work stress
- Emotional distress
- Alcohol and drug abuse
- Marital and family conflict

That's why we offer an Employee Assistance Program (EAP). This service can help you deal with problems before they become too large to handle and before your personal life and/or your job performance begin to suffer.

Will I be charged for EAP services?

The services of EAP are an employee benefit. You and your eligible family members who use the program do so at no cost to you. If you and your counselor decide that additional services are required by an outside resource, you will be responsible for any costs not covered by insurance.

Employee Assistance Program (EAP) , 8401 Harcourt Road
Indianapolis, IN 46260
317-338-4900 | 800-544-9412

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**Ascension
St. Vincent**

What is an Employee Assistance Program?

An employee assistance program (EAP) is a counseling and referral service designed to assist employees and their eligible family members in overcoming personal problems. EAP counselors are trained to deal with a wide variety of issues. They will offer you professional support and direction toward resolution.

Ascension St. Vincent EAP, a program staffed by professional counselors of Ascension St. Vincent Stress Center, has been selected as the provider of your EAP. We are committed to providing services of the highest quality.

Who can use the EAP?

Employees and eligible family members.

What services does the EAP offer?

- Identification/evaluation of problems
- Short-term counseling
- After hours crisis calls have access to administrator on-call | 24 hours | 877-804-0210
- Educational seminars
- Orientation and response to critical incidents

Referral to other resources, when indicated:

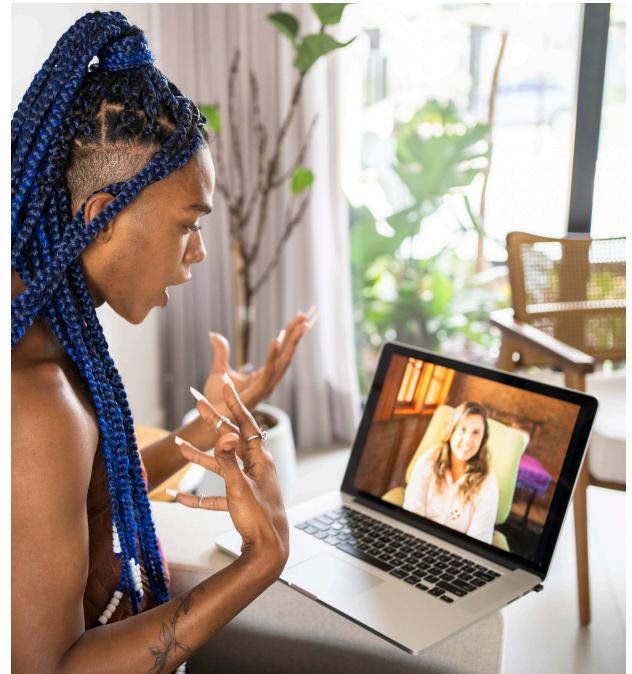
Self-help groups

Doctors

Specialized treatment services

Are my contacts with the EAP confidential?

In providing services, EAP's professionally trained counselors maintain and comply with all state and federal laws regarding confidentiality.



How do I contact the Employee Assistance Program?

To schedule an appointment or find out more information, call:

Ascension St. Vincent EAP

317-338-4900

800-544-9412

We offer virtual and face-to-face appointments for your convenience.

Locations:

- Indianapolis: 8401 Harcourt Road, Indianapolis, IN 46260
- Carmel: 13500 N. Meridian Street, Suite 304, Carmel, IN 46032
- Castleton: 8602 Allisonville Road, Indianapolis, IN 46250