

ZCS WELLNESS CENTER- SCOPE OF SERVICES

Clinic Visits

- Annual physical exams/wellness exams (Includes personalized cancer screenings)
- Sports physical
- Sports medicine consultation
- Well child exam
- Sick visit

Laboratory & Point-of-Care Testing

- Blood work ordered by Center's Providers
- Urinalysis
- Hemocult blood stool testing
- Influenza A & B quick test
- Quick strep throat testing
- Mono testing
- Pregnancy testing
- Lung function testing: spirometry & peak flow
- TB testing
- Blood glucose

Vaccinations

- Flu
- Boostrix/tdap (tetanus, diphtheria, pertussis)
- Shingles
- Childhood vaccines
- Meningitis
- Pneumonia
- Gardasil 9 (HPV)

Wellness & Medication Management

Services

- On site generic medication dispensing and mail order maintenance medication
- Medication review
- Diabetes education
- Dietitian/nutrition consultation
- Behavioral health counseling

Musculoskeletal Care

- Joint pain
- Strains
- Manual therapy/muscle/soft tissue work
- Dry needling
- Therapeutic exercise

Procedures

- Skin tag removal (with or without biopsy)
- Wart removal
- Ear wax removal
- Minor laceration repair (non-work related)
- Sutures/staple removal
- Minor wound care